

7th Neonatal Nutrition Network Study Day

Virtual meeting on Zoom via UCH Education Centre

Date: Thursday 21st January 2021 | 09:00 – 16:05

This very successful multi-professional study day will aim at exploring a range of topics related to the nutritional needs of premature and sick babies. Following talks from expert speakers, participants will have the opportunity to apply their knowledge to a range of case studies in small multi-professional groups.

Chaired by Dr Nick Embleton, Consultant Neonatologist in Newcastle University
Organised by Dr A Huertas-, Dr A. Hickey, Dr P. Cairns, Dr. C. Kortsalioudaki

Topics

- Updates on neonatal nutrition
- New guidelines
- Update in nutrition research
- New Evidence on PN
- Prolacta and fortifiers
- Abdominal XRays interpretation
- Immunology of NEC
- Practicalities of PN prescribing
- Post op guidelines for feeding
- Cochrane reviews on nutrition

Who should Attend?

- Any professional involved in the care of babies in neonatal units
- Paediatricians and Neonatologists at all levels
- Paediatric & Neonatal: Gastroenterologists , Surgeons, Pharmacists
- Dietitians, Nurses, Speech & Language Therapists and Occupational Therapists

To register visit:

<http://training.ucheducationcentre.org/home/viewcourse/509/>

For more information please contact

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Cost:

- **£50**



10:00—10:05	Start & Introduction to the day	<i>Prof. Nicholas Embleton</i>
<i>Chair: Dr. Angela Huertas</i>		
10:05—10:10	Introduction to N3	<i>Dr Pam Cairns</i>
10:10—10:40	Nutritional interventions to improve brain outcomes	<i>Prof. Nicholas Embleton</i>
10:40—11:10	Interpretation of gastric aspirates: what do they tell us about food tolerance and NEC	<i>Dr. Chris Gale</i>
11:10—11:25	Coffee Break/Live Q&A —Chair <i>Dr. Angela Huertas & Dr. Christina Kortsalioudaki</i>	
11:25—12:25	Workshop	
12:25—13:10	Lunch	
<i>Chair— Dr Pam Cairns</i>		
13:10—13:30	Update on fortifiers (including Prolacta)	<i>Ms Caroline King & Stephanie Tagani</i>
13:30—13:50	Metabolic Bone Disease	<i>Dr. Mark Johnson</i>
13:50—14:05	ESPGHAN on Probiotics	<i>Dr Paul Fleming</i>
14:05—14:20	Tea Break/Live Q&A — Chair <i>Dr. Angela Huertas & Dr. Christina Kortsalioudaki</i>	
14:20—15:20	Workshop	
15:20—16:00	Learning from low resource settings- The Neonatal Nutrition Network (African N3) in Sub-Saharan Africa	<i>Dr Helen Nabwera</i>
16:00—16:05	Close	<i>Prof. Nicholas Embleton</i>
List of workshops		
	<i>PROBIOTICS: Practicalities on Implementation</i>	<i>Dr S Hoodbhoy with ANNP/Nurse TBC</i>
	<i>FOOD AVERSION: Prevention and management</i>	<i>Dr C Kortsalioudaki, Mrs Pam Stepney, Ms Katherine Norburn</i>
	<i>COLOSTRUM: How to achieve early production</i>	<i>Dr P Cairns , Ms Sara Clarke</i>
	<i>PN associated liver disease</i>	<i>Dr C Forster & Ms. Natalia Iglesias</i>
	<i>NEC-UK Working with parents of babies with NEC</i>	<i>Ms Marie Spruce (NEC-UK), Dr J Berrington</i>
	<i>Pros and cons of PN- New evidence of potential risks</i>	<i>Dr. Sabita Uthaya & Prof Colin Morgan</i>
	<i>NICE and BAPM- Update and practical PN prescription</i>	<i>Drs L de Rooy, & Dr H Mactier, and Miss Alia Husain</i>
	<i>How to optimize feeding following abdominal surgery</i>	<i>Ms Kelly Lamour, Ms Kate Arnold and Dr. Ann Hickey</i>
	<i>ABDOMINAL X RAYS- Is it NEC or is it not?</i>	<i>Mr Joe Curry and Dr Angela Huertas</i>